

Destination, Dinner, and Discovery Program



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DISCOVER

common MS
sleep challenges

BE INSPIRED

to improve sleep
quality

CHOOSE HOPE

for better sleep
each night

Presentation by **Dr. Alvan Omeni, MD,**
Sleep Medicine Specialist

Tuesday, October 22, 2024
5:30pm^{PM} — 8:00^{PM}

Syberg's Dorsett
2430 Old Dorsett Rd.
Maryland Heights, MO 63043



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